

# Inhub™



1. Closed



2. Open the cover.



3. Push down the yellow lever.



4. Breathe out away from the inhaler.



5. Breathe in quickly and deeply.



6. Hold breath. Breathe out fully.



7. Close the inhaler.



For video instruction:  
[lungsask.ca/inhaler-resources](https://lungsask.ca/inhaler-resources)

## How do I use my Inhub™?

For video instruction: [sk.lung.ca/devices](https://sk.lung.ca/devices)

1. The inhaler will arrive in the closed position.
2. Hold the inhaler vertically to open it. Lower the mouthpiece cover from top to bottom using the thumb grip. The inhaler is now ready to use.
3. Push the yellow lever down to the end of the purple arrows. You may hear a “click”. The lever stays in this position until the dose has been taken and the inhaler has been closed.
4. Breathe out fully away from the inhaler.
5. Hold the inhaler vertically and seal your lips around the mouthpiece. Breathe in quickly and deeply ensuring you do not cover the air vents with your fingers. Do not breathe in through your nose.
6. Remove the inhaler from your mouth and hold your breath for 5-10 seconds or as long as you feel comfortable. Breathe out fully.
7. Push the mouthpiece cover up to the closed position. The inhaler is now closed. Rinse your mouth with water. Repeat the same steps when you are ready for your next dose.

## Care of an Inhub™

1. The Inhub® will arrive in a foil pouch. Remove the inhaler from the foil pouch discarding the packaging.
2. Write the “POUCH OPENED” and “USE BY” dates on the label of the inhaler. The “USE BY” date is 30 days from date the foil pouch is opened.
3. The mouthpiece may be cleaned after use, if needed, using a dry tissue before the cover is closed.
4. The Inhub® has a dose counter. A red indicator will be present when there are 9 doses or less remaining. This is a reminder to get a refill. When the dose counter reaches 0, the lever will not go down. This means it is empty.
5. Keep the inhaler dry and do not shake the inhaler.

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