



## How do I use my Ellipta™?

1. Closed.
2. Open the cover of the inhaler. Slide the cover down to expose the mouthpiece. You should hear a “click”.
3. Breathe out away from the mouthpiece.
4. Put the mouthpiece between lips, and close lips firmly around it. Breathe in a **long, steady,** and **deep** breath (do not block air vent on inhaler with hands).
5. Remove Ellipta from mouth and hold breath 5-10 seconds or as long as comfortable. Breathe out.
6. Close the inhaler (slide cover up and over the mouthpiece). Rinse mouth.

## Care of an Ellipta™

1. The Ellipta™ comes in a foil tray. When ready to use, peel back the lid to open the tray.
2. The tray contains a desiccant to reduce moisture. Throw it away.
3. WRITE the “Tray Opened” and “Discard” dates ON the inhaler. The “Discard” date is 6 WEEKS from the date the tray is opened.
4. The mouthpiece may be cleaned after use, if needed, using a dry tissue before the cover is closed. Routine cleaning is not required.
5. When there are less than 10 doses remaining in the inhaler, the left half of the counter shows RED. This is a reminder to get a refill. After the last dose has been inhaled, the counter will show “0” and be empty. Discard the empty inhaler.



For video instruction:  
[lungsask.ca/inhaler-resources](https://lungsask.ca/inhaler-resources)